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|  | **Grangetown Primary School** |  |
|  | Grangetown Primary |  |
|  | St Georges Road |  |
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|  | MIDDLESBROUGH |  |
|  | North Yorkshire |  |
|  | TS6 7JA |  |
| 24 October 2019 | Email: office@grangetownprimary.org.uk |  |
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|  |  |  |



Throughout our PSHE curriculum, we will be covering a range of themes. We are just sending this letter out to inform you of what your child will be learning this year.

**PSHE OVERVIEW YEAR 3 & 4**: The learning opportunities for each core theme have been grouped together into topics.



**CORE THEME 1:** Health and Wellbeing



**Topic Areas: Healthy Lifestyles**

* How to be healthy
* Health wellbeing and Hygiene

**Keeping Safe**

\*Pressure, Influences, Media, Peer

\*Risk, Danger, Hazard

\*Rules

\*Online Safety

**Growing and Changing**

\*Change, Transition, Loss, Separation, Bereavement

\*Physical and emotional changes

**CORE THEME 2:** Relationships



**Topic Areas: Feelings and Emotions**

\*Healthy Relationships

\*Positive Relationships

\*Acceptable / Unacceptable touching

**Valuing Difference**

\*Bullying

\*Stereotypes

**CORE THEME 3:** Living in the wider world



**Topic Areas:** Rights and Responsibilities

\*Children’s Rights

\*Taking care of the environment

\*Diversity and People’s differences

\*Media & Social Media